

# Safer Internet Day 2019

## What is it?

Safer internet day is a day spreading awareness around the world that the internet can be dangerous. It helps children use internet safely. This year's internet day is all about consent. Consent is a synonym for permission. If you ask someone for consent it means that: you ask someone for their permission to do something.

## Why is consent important?

Consent is important because without it, you may get into trouble. Not asking for consent may lead to relationship break-ups and distrust. In addition, you may embarrass, upset or offend the person. You may also get sued or sent court. You might put yourself or someone else in danger. Also pictures and statuses can be very hard to delete. There are many more reasons why you should ask for consent.

## How to ask for consent?

Ways to ask for consent:

- Ask someone face to face, knock at their door or visit them,
- Text them, call them or face time them,
- Send them a letter or a gift with a note,
- There are many other ways

Always make sure to ask for consent.

## How to say no?

Sometimes it can be quite hard to say no. People may bully you or leave you out if you make your own decision. However it is your choice so always stick up for yourself and if none of your friends support you, you should find some new ones because they are not worth it. You should always respect other people and their choices.

Everyone please respect other people's decisions and support them no matter what. If you have something that you want to post and it has your friend in it or anyone else please ask for consent. Happy Safer Internet Day!

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